

Family life is the key to your child's success at school. Our staff will help you set and reach family goals, and connect you with resources in your community.



# **Health Services**

A healthy child is a happy child! We'll work with you to help make sure your child is getting regular medical and dental checkups and care, so they can grow up strong.



A healthy diet is fuel for a strong start. We provide nutritious snacks and meals and help families make healthy food choices at home. We also offer nutrition information and resources for pregnant women.



### **Special Needs**

We work closely with you to check developmental milestones and identify if your child is experiencing any delays or could benefit from additional assistance or services.

## 828-693-1711 www.wncsource.org



lucation and development for lasting change in families.



Enroll Today!

"You can't go back and change the beginning, but you can start where you are and change the ending." – C.S. Lewis



Empowering people, transforming lives



WNCSource Children's Services strengthens the whole family through high-quality childcare and education programs for children (0-5 years old) and pregnant women. Our Early Head Start, Head Start and NC Pre-K programs are free to qualifying families.

We offer services in Henderson, Transylvania, Rutherford and Polk counties.

#### WHO IS ELIGIBLE:

- Homeless or income-eligible
  pregnant women
- Children experiencing homelessness
  - Children with disabilities and other special needs
    - Children in foster care
  - Families who are income-eligible

HOW TO APPLY: www.wncsource.org 828-693-1711

# Helping Families, Changing Futures!

# WHAT WE OFFER:

#### **High-Quality Childcare and Education**

Our programs support children's growth and help prepare them for Kindergarten in a nurturing environment where learning is fun! Trained teachers use an evidence-based curriculum with developmentally appropriate activities and play. Services are offered in a classroom setting or in a family's home through our Home Visiting Program.

#### Focus on Children's Health and Well-Being

Our programs support each child's social, emotional and physical well-being. Children receive regular learning and health screenings. We serve nutritious meals and snacks.

We work together with families to connect them with medical, dental, mental health and other important community resources. Our support staff include Family Advocates, Health/Nutrition Specialists, Disabilities Specialists, Mental Health Specialists and Behavioral Specialists to identify needs and support all enrolled children and their families.

#### Home Visiting Program

WNCSource also offers educational services through our Home Visiting Program utilizing the *Parents as Teachers* curriculum. The Home Visiting Program also fosters connections to other families through fun monthly activities and social events.

#### **Pregnant Women**

Pregnant women receive services to promote a healthy start for mother and baby. Support services include access to prenatal, postpartum and infant care information, referral to community resources, and home visits from a nurse or family support staff. Best of all, your baby is eligible for earlier placement in our Early Head Start program if there is a waitlist.

#### **Other Family Supports**

Parents and families are given support and linked to community resources for housing stability, food, social services, education and certificate programs, and financial security.

#### Your Voice Matters!

Parental involvement is welcome and encouraged! Parents, grandparents, foster parents and other primary caregivers are a child's first, best teacher! Your involvement is important to developing a child's lifelong love of learning. Opportunities to help shape your child's learning experience include volunteering in the classroom, communicating with teachers and serving on parent committees or Policy Council.