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FOR IMMEDIATE RELEASE



GRANT FOR OLDER ADULT SERVICES INSPIRES SURVEY IN TRANSYLVANIA COUNTY

WNCSource is pleased to announce that it has received a generous grant from the Pisgah Health Foundation and Dogwood Health Trust to help expand services to seniors living in Transylvania County. The grant will be used to support and expand a variety of programs that WNCSource offers including: LunchPlus Congregate Meals, Mobile Meals delivery to the homebound, Liquid Nutrition, Shelf-stable meal boxes, Personal Hygiene, and Box Fan programs.

WNCSource Director of Older Adult Services Deb Haight explained, "WNCSource has served Transylvania seniors for over 25 years. However, our outreach has always been limited by the amount of funding available. This grant from Pisgah Health Foundation and Dogwood Health Trust will allow us to expand our services to the rural parts of Transylvania County that we couldn't reach before! We're very excited about what this will mean for our seniors!"

Transylvania County is a diverse community approximately 381 square miles in size where 1 in 3 residents is over the age of 65. To ensure the expansion of services will address the county's areas of greatest need, WNCSource is conducting an Older Adult Services Survey during the month of September. The surveys will be available online at WNCSource.org and at a variety of locations including retail stores, community centers, churches, nonprofit partners, and doctor offices. WNCSource is asking Transylvania residents of all ages to take part in the Older Adults Services survey and provide their input by September 30th. The results from the surveys will provide direction for the level and type of services that WNCSource will offer to county seniors.

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WNCSource is a 501(C)(3) nonprofit based in Hendersonville, NC that assists low income and underserved people in Western North Carolina. Our programs include Children's Services, Transportation, Housing and Older Adult Services. Working together with our communities and partners, WNCSource improves people's lives by creating pathways to self-reliance and healthier living. For more information, please contact: Terri Bowman, TBowman@WNCSource.org or call (828) 693-1711.

About Pisgah Health Foundation: The Pisgah Health Foundation is a public 501(c)(3) charity founded in 2019, by a board of caring individuals focused on improving the health, wellness, and lives of western North Carolina residents. The organization evolved out of the Transylvania Regional Hospital Foundation. Pisgah Health Foundation's drive is to improve health and wellness by addressing healthy opportunities in targeted social determinants of health areas including Health, Food Insecurity, Housing, Social Cohesion, and Education. Board Members include Jeremy Purcell, Chair; Jamie Ramsey, MD; Cathleen Blanchard; Dave Neumann, Esq; Art Fisher; Jim Tyson, MD; and Jim Wright, MD. To learn more, please visit **www.pisgahhealthfoundation.org**.