## December 2024

## **Quebec Lunch Plus 828-862-4466**

| Sunday                                    | Monday   | Tuesday   | Wednesda            | Thursday          | Friday                    | Saturday   |
|---|--|---|---------------------|-------------------|---------------------------|--|
| 1   | 2  | Bingo 3   | R Grimm <b>4</b>    | Paulette <b>5</b> | Ale 6                     | 7  |
| Mobile Library 1st<br>Wednesday 10-<br>12 | Visit with Friends<br>Or Craft                       | ON B  | Fyzical Therapy     | Cookies & Carols  | Devoted Health<br>Produce |  |
| 8   | 9  | Bingo <b>10</b>   | 11                  | Mary <b>12</b>    | Ronnie 13                 | 14   |
|   | Fire Dept<br>BP checks                               | B 28 39 40 75 1   | Fire Dept<br>Health | Chair Yoga        | Music                     |  |
| 15  | 16   | Bingo <b>17</b>   | Megan 18            | Marsha <b>19</b>  | 20                        | 21   |
|   | Meditation   | OD NO   | Vaya Health         |                   | CLOSED                    | Hunger Coalition<br>3 <sup>rd</sup> Thursday Dec<br>2:30-4PM |
| 22  | 23   | 24  | 25                  | 26                | 27                        | 28   |
|   | CLOSED   | CLOSED  | CLOSED              | CLOSED            | CLOSED                    |  |
| 29  | 30   | 31  | 1                   |                   |                           |  |
|   | CLOSED   | CLOSED  | CLOSED              |                   |                           |  |
|   | Happy Birthday<br>R Courson 12/20<br>C Holland 12/21 | WNC Source 828.884.8855 Transport 828.884.3230  Kathy 706.831.2521  *Starting January- 2nd Thursday - Food Truck 2:30-4Pm From Bread of Life* |                     |                   |                           | 5  |