### **Mobile Meal Delivery**

Five days a week, WNCSource delivers a mid-day meal to homebound seniors living in the Lake Toxaway area of Transylvania County. Volunteers collect meals from Quebec Community Center and deliver them to clients' front doors.

For more info, contact Kathy Williams at (828) 862-4466 or visit our website at WNCSource.org

Basic Duties: Deliver meals, smiles and fellowship to senior's homes

Time Commitment: 1 ½–2 hours/day

Physical Requirements: Carry coolers containing food, milk, etc

Location: 11846 Rosman Hwy., Lake Toxaway, NC 28747



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#### **LunchPlus Instructor**

People age 60+ can come to the Lunch Plus program Monday-Friday from 9:30 a.m. to 12:00 p.m. for recreation, fellowship, outings, and a hot lunch. Volunteer instructors provide an activity for participants. This can include presenting a program or providing a group craft or game.

Call: (828) 862-4466 or contact Laura Sherrill-Reece (828) 884-3166 at Silvermont Senior Center for more info or to get your program scheduled. Basic Duties: Lead or present a program

Time Commitment: 1–2 hours/day per month

Physical Requirements: None

Location: Quebec Community Center 11846 Rosman Highway Lake Toxaway, NC 28747 or Silvermont Mansion, 364 E. Main Street, Brevard, NC 28712

### **LunchPlus Volunteer**

Another great way to get involved with our Lunch Plus program. As a volunteer, you would help aid the manager with whatever they need, such as panning food, washing dishes, etc.

Contact: Kathy Williams at (828) 862-4466 or Laura Sherrill-Reece (828) 884-3166 at Silvermont Senior Center or visit WNCSource.org for more information.



Basic Duties: Complete whatever the manager needs

Time Commitment: 2-3 hours/day

Physical Requirements: None

Locations: Quebec Community Center 11846 Rosman Highway, Lake Toxaway, NC 28747

Silvermont Mansion, 364 E. Main Street, Brevard, NC 28712

### Children's Ctr. Volunteer - HS, EHS, NC Pre-K

Early childhood education programs like Head Start, Early Head Start, and NC Pre-K help prepare kids (ages birth to 5 years) for kindergarten. Volunteers help out in the classroom, read to the children, rock babies, change diapers, manage supplies and keep centers clean and accessible for small children.

For more information, contact Margrethe Onderdonk at (828) 699-0989 or visit our website at WNCSource.org

Basic Duties: Assist teachers in classroom and outdoor play areas.

Time Commitment: 1-3 hours/day

Physical Requirements: Ability to walk, and lift up to 40 lbs.

A background check is required.

Location: WNCSource Children's Centers in Henderson, Transylvania, Rutherford & Polk Counties.

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# Playground/Landscape Helper

WNCSource is currently in the process of creating several outdoor learning environment playgrounds where children can embrace nature and grow their creativity. Volunteers will assist in organizing and cleaning up playgrounds located at WNCSource Childcare Centers in Henderson and Transylvania county.

For more information, contact Amy Smith at (828) 693-1711 or visit our website at WNCSource.org

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Basic Duties: Light landscaping including raking, moving natural playground equipment, planting trees, and maintaining shrubbery

Time Commitment: 1–3 hours per project

Physical Requirements: Able to lift 10lbs or more

Location: WNCSource Childcare Facilities in Henderson, Transylvania, Rutherford, and Polk Counties.

### **Knit/Crochet Winter Gear**

Can you knit or crochet? Use your skills to donate winter hats and scarves for children ages birth to five years old. We can also use hats for our homebound seniors. This is a great activity for groups or individuals with a passion for crafting.

For more information, contact Margrethe Onderdonk at (828) 699-0989 or visit our website at WNCSource.org Basic Duties: Knitting or crocheting

Time Commitment: Varies based on skill level

Physical Requirements: None

Location: Anywhere



### **Tiger Town Thrift Store Volunteer**

Tiger Town is our thrift shop located in Transylvania County that sells gently worn clothing, shoes, furniture, and antiques. Volunteers are needed to help with customer service and general store maintenance.

For more information, contact Loretta Sanders at Tiger Town at (828) 884-9222 or visit our website at WNCSource.org



Basic Duties: Greet customers, price and display items, handle merchandise

Time Commitment: 2-4 hours/day

Physical Requirements: Able to lift 5lbs

or more

Location: Tiger Town Thrift Store 1 Chestnut Street (Across from Rosman High School) Rosman, NC 28772

Open Tues-Sat 10AM to 2PM

#### **Classroom Volunteer**

Become a Head Start classroom volunteer to help children get ready for kindergarten. Read to the class or spend time playing with students. Head Start programs are located in Henderson, Transylvania, and Rutherford counties.

For more information, contact Margrethe Onderdonk (828) 699-0989 or visit our website at WNCSource.org Basic Duties: reading aloud, entertaining kids ages 0-5 in a classroom setting

Time Commitment: 1–2 hours/day

Physical Requirements: None

A background check is required.

Location: WNCSource Children's Centers in Henderson, Transylvania,

Rutherford or Polk Counties.



### Kitchen Volunteer

Help out at WNCSource centers located in Hillview Children's Center. Volunteers are needed to scrub kitchens, clean appliances, and ensure that the space looks tidy.

For more information, Margrethe Onderdonk at (828) 669-0989 or visit our website at WNCSource.org Basic Duties: Clean kitchens, baseboards, refrigerators, floors

Time Commitment: 1-3 hours

Physical Requirements: Able to perform

basic cleaning duties

A background check may be required.

Location: Hillview Children's Center



### **Host a Diaper Drive**

Our childcare centers are always in need of more diapers. Since we serve babies, toddlers, and young children ages birth to five years old, all sizes are needed. Volunteers can choose to donate diapers directly or host a local drive to collect diapers.

For more information, contact Amy Smith at (828) 693-1711 or visit our website at WNCSource.org

Basic Duties: Collect diapers of various sizes, plan and maintain a collaborative donation

Time Commitment: Varies

Physical Requirements: None

Location: Varies



# **Host a Classroom Supplies Drive**

Help out with our Head Start, Early Head Start, and NC Pre-K Early Childhood programs by collecting supplies to be used in the classroom. Students range from birth to five years old. Volunteers can host an opportunity to collect crayons, puzzles, children's books, coloring books, etc.

For more information, contact Amy Smith at (828) 693-1711 or visit our website at WNCSource.org

Basic Duties: Collect classroom supplies, plan and maintain a collaborative donation

Time Commitment: Varies

Physical Requirements: None

Location: Varies



# **Donate Supplies for Outdoor Learning Environments**

WNCSource is replacing our old playgrounds and creating outdoor learning environments at our childcare centers. These playgrounds use natural materials to enrich kids during recess. Donate natural items such as tree stumps or stepping stones or volunteer as a playground helper.

For more information, contact Amy Smith at (828) 693-1711 or visit our website at WNCSource.org

Basic Duties: Collect natural materials suitable for children's play

Time Commitment: Varies

Physical Requirements: Able to move

natural items

Location: Varies



#### **Social Media Content Creator for Thrift Stores**

WNCSource operates Tiger Town Thrift Store in Rosman, NC to help fund our work in the community. We need someone to help create unique Instagram and Facebook content including pictures, newsfeed, stories, reels, and IGTV. Work with managers to stay up-to-date with our thrift store intake, special finds and store schedule. Monitor FB and Instagram DM's and respond to comments, inquiries.

For more information, contact Terri Bowman (828) 693-1711 or visit our website: WNCSource.org

Basic Duties: Generate
Facebook/Instagram and other Social
Media content, respond to online
comments and requests for info, and
help manage online profile for thrift
stores to help build our customer base.

Time Commitment: Varies

Physical Requirements: None

Location: Can be done remotely



# **Substitute Food Pick-up/Delivery Driver**

Five days a week, WNCSource delivers meals, liquid nutrition and shelf-stable meal boxes to congregate meal sites and homebound seniors. Delivery drivers help transport bulk meals, along with a few home deliveries to sites.

For more information, call Deb Haight at (828) 884-2255 or visit our website at www.WNCSource.org



Basic Duties: Pick-up Cambro food boxes of prepared meals from Transylvania County Hospital for delivery to the Silvermont Senior Center and Quebec Community Center congregate meal programs.

Time Commitment: M-F 9:30AM-12:30PM Substitute when regular driver is absent

Physical Requirements: Able to lift Cambro coolers weighing up to 50 lbs. Delivery vehicle provided.

Location: Varies