## **SILVERMONT**

May	2025
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Presentations: Vaya Health "Emotional Wound"	Ring Toss	
4	5	6	7	8	9	10
	Crafts	Bingo	Presentations: BBB "Scams"	Presentations: AARP "Resources"	Chair Yoga	
11	12	13	14	15	16	17
	Exercise	Bingo  4 18 37 50 51 34 68 12 63 8 28 54 rec 26 15 43 72 46 25 40 57 74 3 61 37	Presentations: J. Francis Ins. "Wills and P.O.A's	Dulcimers	Stride For Health	
18	19	20	21	22	23	24
	Exercise	Bingo	Bryson Girls Sing along	Presentations: Devoted Health	Puzzles	
25	26	27	28	29	30	31
	Closed Happy Memorial Day	Bingo	Presentations: Alignment "Butter Bean Auction Game"	Presentations: Fysical "Health Fitness"	Closed Company Spring Picnic	Older Adult Services Empowering people, transforming lives
	Day					