June 2025 Quebec Lunch Plus 828-862-4466 111846 Rosman Hwy						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Corn Hole	3 Bingo	4 Meditation	5 Erin	6 Jesus	7
Mobile Library 1 st Wednesday 10-12				Choose Foods Carb 1	Family Feud Alignment Health	
8	9	10 Bingo	11	12 Erin	13 Jackie	14
	Fire Dept BP checks	15 22 B 28 35 59 75 T 21 39 48	Fire Dept Health Tip	Choose Foods Carb 2	Craft Care Partners	
15	16 Jenna	17 Bingo	18 Ronnie	19 Juneteenth	20 Mary	21
	Land of Sky		Sing a Long	Holiday CLOSED	Chair Yoga	
22	23 Jennifer	24 Bingo	25 Megan	26 Charlotte &	27 Kim	28
	Emergency	15 22 GO	Vaya-	Sarah Spark Point	EMS BP	Hunger Coalition
	Preparedness	B 28 39 59 75 1 21 39 48	Mental Health	Games	checks	4th Thursday 2:30-4PM
29	30 Lucy					
	Music					
	Summer Fun					
	Care Partners					
Happy Birthday Kathy 6/16 Aleda R 6/29	Happy Birthday Clifford E 6/20 Patsy B 6/21					5
	Ann H 6/7					
		No Food 6/19/2025				

