Lunch Plus	884-3166	SILVERMONT June 2025			Transportation 884-3203	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
]	2	3	4	5	6	7
	Exercise	Bingo	Ping Pong Game	Presentations: Vaya Health "Anxiety"	Movie Day!	
8	9	10	11	12	13	14
	Crafts	Bingo	Exercise with Brenda	Blood Pressure Checks	Presentations: APS, DSS "Older Americans"	
15	16	17	18	19	20	21
	Exercise	Bingo 4 18 37 55 51 4 68 12 63 8 28 54 700 26 15 28 54 700 26 15 39 77 4 3 61 37	Puzzles	Juneteenth Holiday CLOSED	Stride For Health	
22	23	24	Holiday	26	27	28
	Crafts	Bingo	Presentations: Opus Therapy "Adaptive Equipment"	Dulcimers	Chair Yoga	
29	30					
	Exercise					