















June 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Exercise 	Bingo 	Ping Pong Game 	Presentations: Vaya Health "Anxiety"	Movie Day! 	
8	9	10	11	12	13	14
	Crafts 	Bingo 	Exercise with Brenda 	Blood Pressure Checks	Presentations: APS, DSS "Older Americans"	
15	16	17	18	19	20	21
	Exercise 	Bingo 	Puzzles 	Juneteenth Holiday CLOSED	Stride For Health	
22	23	24	Holiday	26	27	28
	Crafts 	Bingo 	Presentations: Opus Therapy "Adaptive Equipment"	Dulcimers 	Chair Yoga 	
29	30					
	Exercise 