

August 2025 Quebec Lunch Plus 828-862-4466 111846 Rosman Hwy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mobile Library 1 st Wednesday 10-12					1 Rik Youth Mental Health TC Strong	2
3	4 Food Safety	5 Bingo 	6 Molly Trivia Four Seasons	7 Jesus Alignment Health Trivia	8 Mary Chair Yoga	9
10	11 Fire Dept BP checks	12 Bingo 	13 Ale Trivia Devoted Health	14 Craft	15 Jeffrey A Planning /Development	16
17	18 Corn Hole 	19 Bingo 	20 Ronnie  Sing a Long	21 Jackie Care Partners	22 Rosetta Craft	23 Hunger Coalition 4th Thursday 2:30-4PM
24	25 Jennifer Advanced Directive	26 Bingo 	27 Vaya- Mental Health	28 Dennise Alzheimers	29 Kim EMS BP check	30
Happy Birthday Beverly W 8/26 Irene S 8/30	Happy Birthday Lois H 8/8 Bradley O 8/23	WNC Source 828.884.8855 Transport 828.884.3203 Kathy 706.831.2521 				