

Sept. 2025 Quebec Lunch Plus 828-862-4466 111846 Rosman Hwy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mobile Library 1 st Wednesday 10-12	1 Holiday CLOSED	2 Bingo 	3 Sarah K AARP Walking Fall Prevention	4 Ale Medicare 101	5 Martha F Brain Heath	6
7	8 Fire Dept BP checks	9 Bingo 	10 Fire Dept Health Tip	11 Rosetta Craft	12 Jesus Stretches Alignment Hlt	13
14	15 Ring Toss 	16 Bingo 	17 Corn Hole 	18 (No transport) 	19 Mary Chair Yoga	20
21	22 Jennifer Medicare 101	23 Bingo 	24 Megan Vaya- Mental Health	25 Travis United Community Bank	26 Carrie NP Hyperlipidemia	27 Hunger Coalition 4th Thursday 2:30-4PM
28	29 Capt Owen T County Sheriff Dept	30 Bingo 				
Happy Birthday!!! Jeanette C 9/2 Nancy H 9/2 Martha M 9/23	WNCSource 828.884.8855 Transport 828.884.3203 Kathy 706.831.2521 9/1 Labor Day Holiday – No Food Delivery No VAN Transport 9/18/25					

