

October 2025

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3	4
				Game Day!!	Presentation: Vaya Health "Depression"	Chair Yoga	
	5	6	7	8	9	10	11
		Exercise	Bingo	Presentation: Amerilife "Dance"	Presentation: Devoted "Medicare"	Word Search Word Search Good bat Calt snake cow	
	12	13	14	15	16	17	18
		Crafts	BINGO 4 18 37 59 51 34 68 12 63 8 20 54 700 26 15 43 72 46 25 40 57 74 3 61 37	Exercise with Brenda	Bryson Girls Sing a long FRANCO OF SING ALONG NEARCH TO ALONG NEARCH T	Stride For Health	
	19	20	21	22	23	24	25
		Exercise	Bingo	Puzzles	Hang-Man	Bingo 4 10 37 50 51 34 00 12 03 0 20 54 mm 26 15 33 72 46 25 40 17 74 3 01 37	
	26	27	28	29	30		
		Crafts	Bingo	Music Bingo	Dulcimers		