

LunchPlus Ph. 828-884-3166

Transportation Ph. 828-884-3203

SILVERMONT

February 2026

364 E. Main St.

Brevard, NC 28712

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Closed	Bingo 	Valentines' Story 	Presentation: Vaya Health "Mental Health"	Trivia Day 	
8	9	10	11	12	13	14
	Exercise 	Bingo 	Puzzles 	Hang-Man 	Chair Yoga 	
15	16	17	18	19	20	21
	Crafts 	Bingo 	Brenda with Bands 	Dulcimers 	Bryson Girls Sing-a-long 	
22	23	24	25	26	27	28
	Presentation: DSS "Musical and mental"	Bingo 	Game Day!!! 	Ring Toss 	Movie Day! 	

February 2026

Quebec

111846 Rosman Hwy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Molly 4 Seasons Grief, trivia	3 Bingo 	4 Ring Toss	5 Dianna Fyzcal, Exercise & Brain Games	6 Jennifer Alzheimer's Association	7
8	9 Fire Dept Fire Dept BP checks	10 Bingo 	11 Fire Dept. Safety	12 Rosetta Craft	13 Lucy HCA Valentine Trivia	14
15	16 Ring Toss	17 Bingo 	18 Corn Hole	19 Meditation 	20 Mary Chair Exercise	21
22	23 Kimberly EMS BP's	24 Bingo 	*25 Megan Vaya-Health Ageism in Focus	26 Mary BRC Health BP/Glucose checks	27 Jesus Alignment Health Trivia	28 *Hunger Coalition 4th Thursday 2:30-4PM
Happy Birthday Martha O 2/10	Happy Birthday Mildred J 2/9 Dorene H 2/19	WNC Source 828.884.2255 Transport 828.884.3203 Quebec Community Ctr. 828-862-4466 Kathy 706.831.2521				

