






LunchPlus Ph. 828-884-3166		<b>SILVERMONT</b>			364 E. Main St.	
Transportation Ph. 828-884-3203		<b>February 2026</b>			Brevard, NC 28712	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Closed	Bingo 	Valentines' Story 	<b>Presentation:</b> Vaya Health "Mental Health"	Trivia Day 	
8	9	10	11	12	13	14
	Exercise 	Bingo 	Puzzles 	Hang-Man 	Chair Yoga 	
15	16	17	18	19	20	21
	Crafts 	Bingo 	Brenda with Bands 	Dulcimers 	Bryson Girls Sing-a-long 	
22	23	24	25	26	27	28
	<b>Presentation:</b> DSS "Musical and mental"	Bingo 	Game Day!!! 	Ring Toss 	Movie Day! 	

# February 2026

# Quebec

111846 Rosman Hwy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>2</b> Molly  <b>4 Seasons Grief, trivia</b>	<b>3</b> Bingo  	<b>4</b>  <b>Ring Toss</b>	<b>5</b> Dianna  <b>Fyzcal, Exercise &amp; Brain Games</b>	<b>6</b> Jennifer  <b>Alzheimer's Association</b>	7
8	<b>9</b> Fire Dept  <b>Fire Dept BP checks</b>	<b>10</b> Bingo  	<b>11</b> Fire Dept.  <b>Safety</b>	<b>12</b> Rosetta  <b>Craft</b>	<b>13</b> Lucy HCA  <b>Valentine Trivia</b>	14
15	<b>16</b>  <b>Ring Toss</b>	<b>17</b> Bingo  	<b>18</b>  <b>Corn Hole</b>	<b>19</b> Meditation  	<b>20</b> Mary  <b>Chair Exercise</b>	21
22	<b>23</b> Kimberly  <b>EMS BP's</b>	<b>24</b> Bingo  	<b>*25</b> Megan  <b>Vaya-Health Ageism in Focus</b>	<b>26</b> Mary  <b>BRC Health BP/Glucose checks</b>	<b>27</b> Jesus  <b>Alignment Health Trivia</b>	<b>28</b>  <b>*Hunger Coalition 4th Thursday 2:30-4PM</b>
Happy Birthday Martha O 2/10	Happy Birthday Mildred J 2/9 Dorene H 2/19	<b>WNC Source 828.884.2255 Transport 828.884.3203</b> <b>Quebec Community Ctr. 828-862-4466</b> <b>Kathy 706.831.2521</b>				
		