









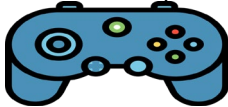












May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Chair Yoga 	
3	4	5	6	7	8	9
	Puzzles 	Bingo 	Presentation: WNCSource "nutrition/cooking"	Presentation: Vaya Health "Mental Health"	Ring-Toss 	
10	11	12	13	14	15	16
	Exercise 	Bingo 	Presentation: Fyzical "Wellness"	Presentation: Carepartners "caring/trivia"	Stride For Health 	
17	18	19	20	21	22	23
	Crafts 	Bingo 	Game Day!!! 	Dulcimers 	Bryson Girls Sing-a-long 	
24	25	26	27	28	29	30
31	Closed Memorial Day	Bingo 	Hangman 	Presentation: DHHS "Hearing Equipment"	Trivia 	

May 2026 Quebec Lunch Plus 828-862-4466 111846 Rosman Hwy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mobile Library 1st Wednesday 10-12					1 Mary Yoga	2
3	4 Corn Hole 	5 Bingo 	6 Larry G Honey Bees	7 Jennifer Alz Fun Activity	8 Jamie R Care Partners	9 Hunger Coalition 2nd Thursday 2:30-4PM Rosman Town Hall
10	11 Fire Dept BP checks	12 Bingo 	13 Fire Dept Safety Tip	14 Mary BRH BP & BS Ck	15 Rosetta Craft	16
17	18 5 th Graders TCH -Read & Games	19 Bingo 	20 Heidi Nutrition Super Foods	21 Jeff P Age in Place	22 Charlotte Spark Point	23
24	25 Mem Day Closed Memorial Day	26 Bingo 	27 Megan Brain Health & Aging	28 Travis UC Bank Trivia	29 Kimberly EMS BP checks	30
Happy Birthday James R 5/12 Mike K 5/13	Happy Birthday MM Elizabeth G 5/31	<p> WNCSource 828.884.8855 Transport 828.884.3203 Kathy 706.831.2521 CLOSED 25th – No food delivery </p> 